



vibrant  
blue oils

# Bladder Support™

— Supporting Trauma —



**BENEFITS:** Formulated to help overcome and heal emotional traumas and clear the residual emotional debris often stored in the bladder.

## INDICATIONS:

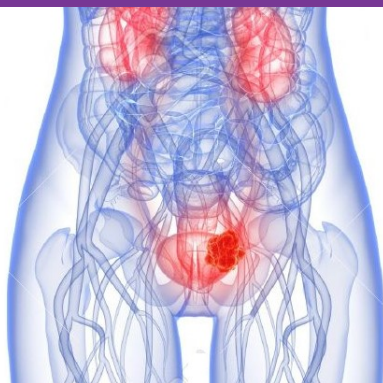
The bladder is a pear shaped muscular sac in the pelvis, just above and behind the pubic bone, that stores and eliminates liquid waste.

In Chinese medicine, bladder is considered a storehouse for emotions, managing emotional reserves and overflow. When we feel internally empty of reserves, everything seems to be too much to handle, uncertain, and frightening. Similarly, when emotions are overflowing, we can feel awash in an internal torrent, drowning, out of control and driven to desperation.

Often these overwhelming emotions feel like too much to handle in the moment, so we store them in the bladder until we are able to process and move through them.

Vibrant Blue Oils Emotion Support Bladder blend allows us to let go of the negative past and release the emotional trauma from the body. It assists in overcoming feelings of despair and the feeling of being pushed over the edge. It also has the ability to balance the right and left brain.

## Application



**HOW TO USE:** Apply 2- 3 drops over the bladder (just above and behind the pubic bone), directly over areas of trauma or abuse, or around the outside of earlobes.

**WHEN TO USE:** Apply 2- 3 times daily. During periods of intense emotion, apply every 20 minutes.

**AFFIRMATION:** I release my pain and welcome peace and calm.

**INGREDIENTS:** Vibrant Blue Oils Emotion Balance Bladder blend contains a proprietary formulation of Frankincense, Geranium Rose, Helichrysum italicum, Lavender, Petitgrain Combava, Rose Otto, Sandalwood, Spruce, and Valerian Root in a base of fractionated coconut oil.

## PRODUCT TIPS:

- Sit and breathe in deeply, blowing out forcefully and listen to your body. Let the old emotions release in the out breath.
- Add to bath water to help release the emotions of past or present feelings of hurt, fear, abandonment, abuse



Emotion Balance blends are designed to acknowledge and release underlying emotions that can impede healing.