



vibrant  
blue oils

Calm™

— Supporting Anxiety —



**BENEFITS:** Supports anxiety, calms tension, reduces stress and promotes relaxation. Excellent for calming hyper adrenal symptoms of anxiety and overwhelm.

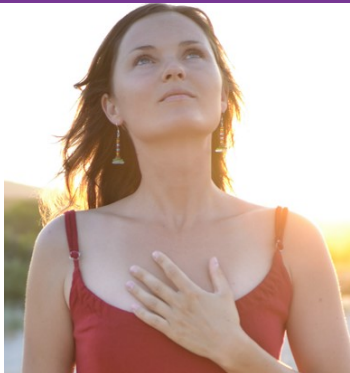
**INDICATIONS:** Anxiety can present in many forms from excessive worrying and overwhelming fears to sleep and digestive problems. It can push you to panic attacks and compulsive behaviors or steer you towards social anxiety and phobias. No matter how it presents, it can be stressful and overwhelming to manage.

Vibrant Blue Oils Emotion Balance Calm blend is uniquely formulated to provide relief from anxiety. The blend is formulated with oils that support a sense of calm, relaxation, well-being and serenity.

Blue tansy oil is a highly prized sedative oil that induces a relaxing effect on the nerves and the brain, calming anxiety, nervous afflictions and panic attacks. Orange has a similar calming effect, easing feelings of panic, irritation, and nervousness. Ylang-Ylang is an excellent oils for restoring balance and equilibrium to support insomnia, anxiety, and depression.

These oils work together to alleviating anxiety, insomnia, worries, racing heartbeat and feelings of overwhelm while promoting calm and relaxation.

## Application



**HOW TO USE:** Apply 2- 3 drops on the heart, nape of the neck, wrists and outside of ears. Massage on the bottom of feet before bed to assist in a peaceful night's rest.

**WHEN TO USE:** Apply 2- 3 times daily. During periods of intense emotion, apply every 20 minutes.

**AFFIRMATION:** *I am willing to release my anxiety.*

**INGREDIENTS:** Vibrant Blue Oils Emotion Balance Calm blend contains a proprietary formulation of Tangerine, Orange, Ylang Ylang, Blue Tansy, and Patchouli in a base of fractionated coconut oil.

### PRODUCT TIPS:

- Can be beneficial on children to prevent nightmares.
- To relieve the anxiety related to constipation, rub around the belly.



Emotion Balance blends are designed to acknowledge and release underlying emotions that can impede healing.