



# vibrant blue oils

# Heart™

— BODY BALANCE —

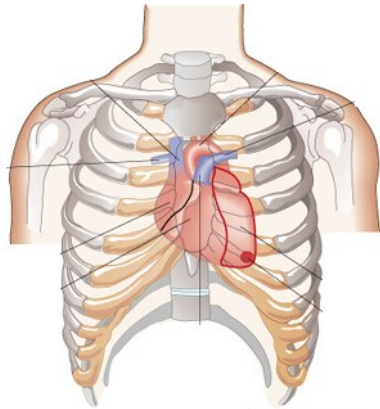


**BENEFITS:** Balances the heart to support, integrate and reset all the systems of the body, including mental clarity, physical health and emotional balance. Supports feelings of openheartedness, expansiveness, receptivity while mitigating loneliness, sadness and grief.

**INDICATIONS:** The heart integrates and balances the physical, emotional, and mental body, providing blood to every cell and every organ. It also serves as a complex information processing center, influencing brain function, the nervous system, hormonal system and most of the body's major organs.

When any part of the body isn't functioning at an optimal level, the heart has to work harder. For example, when the body is in a state of stress, it needs more oxygen which increases the heart rate. The heart is our body's reset button, but a state of constant stress can fatigue the heart and compromise our ability to reset, leading to inflammation, infections, toxicity and heart disease. By retuning the heart to balance, we support the cardiovascular and circulatory system, regenerate the structure of the heart and helping to reset the homeostatic mechanism for the entire body.

## Application



**HOW TO USE:** Apply 2-3 drops over the heart (left side of chest).

**WHEN TO USE:** During times of intense stress and fatigue, use as often as is needed (every 20 -30 minutes).

During times of normal stress, use 2-3 times daily to calm and uplift the heart and the body.

**INGREDIENTS:** Vibrant Blue Oils Body Balance Heart blend contains a proprietary blend of Neroli, Spruce, Roman Chamomile, Blue Tansy, and Jasmine in a base of fractionated coconut oil.

### PRODUCT TIPS:

- Very uplifting, comforting, gives courage and peace
- May also assist in lowering blood pressure, reducing stress and alleviating hemorrhoids.



Proprietary body balance blends are formulated to balance key organs and systems of the body so the body can heal.