



vibrant  
blue oils

Hormone Balance™

— BODY BALANCE —



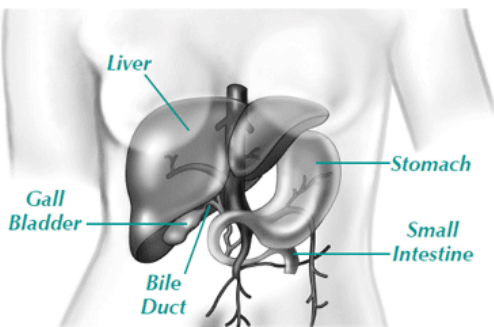
**BENEFITS:** Hormone Balance Essential Oil supports healthy hormone balance and release of hormone related weight gain.

**INDICATIONS:** Hormones are responsible for countless body functions – from hair growth and skin quality, to metabolizing food, maintaining body temperature, causing our heart to beat, preparing our bodies for sex and reproduction, replenishing energy, weight gain — and of course, our mood. They also have a significant influence over how your body stores fat and when and how your body decides to burn it for fuel.

A healthy system creates and excretes hormones in balance. Hormone-based weight gain is one of the first lines of defense against hormonal imbalance. Without the hormones to direct the release of fat for fuel, the body holds on to the extra weight. As hormones fluxuate during the monthly cycle, pregnancy and post-pregnancy menopause, or when blood sugar is out of balance, the body becomes increasingly resistant to weight loss.

Hormone Balance helps to balance the body so that the liver, gall bladder and thyroid – the key organs that produce and synthesize hormones – can function optimally to enhance metabolism.

## Application



**HOW TO USE:** Apply 2-3 drops over the liver/gall bladder (right side of the body under ribcage) or thyroid (throat). Works best in combination with a liver supporting diet and fiber.

**WHEN TO USE:** Apply 2-3 times daily, ideally first thing in the morning as it can be energizing.

**INGREDIENTS:** Vibrant Blue Oils Body Balance Hormone Balance blend contains a proprietary contains a proprietary blend of Clary Sage, Thyme, and Vetiver in a base of fractionated coconut oil.

### PRODUCT TIPS:

- Smell throughout the day to manage energy and sugar cravings.
- Supports adrenals during moments of anxiety or stress.



Proprietary body balance blends are formulated to balance key organs and systems of the body so the body can heal.