



vibrant  
blue oils

# Sinus Support™

— SYMPTOM SUPPORT —



**BENEFITS:** Helps to clear and open the nasal passages and supports the relief of sinus pressure from chronic sinus infections and/or sinus issues related to allergies.

**INDICATIONS:** The sinuses are a connected system of hollow cavities in the skull that are lined with soft, pink tissue called mucosa. Normally, the sinuses are empty except for a thin layer of mucus.

Most of our sinuses drain into our nose through small holes. Sinusitis (or inflammation of the sinuses) can be uncomfortable and difficult to treat. The pockets become filled with thick mucous, bacteria or fungus. The tissue swells and the drainage openings into the nose become inflamed and blocked no longer allowing fluid to escape. This then leads to the common symptoms of sinusitis: headaches, facial pressure and even toothaches from surrounding nerve impingement.

Essentials oils can easily travel into the small holes to loosen mucous and promote drainage. Sinus Support works as local decongestants that break up mucus, stimulate drainage of the nose and sinuses and relieve head pressure.

## Application



**HOW TO USE:** Apply 2 - 3 drops to a Q-tip and swab the inside of the nasal passages 2 - 6 times daily. For optimal effectiveness, you can leave the Q-tip in the nasal passage for up to 20 minutes.

**WHEN TO USE:** To relieve sinus infections and/or sinus issues related to allergies, one 20 minute treatment is often enough for acute cases. For chronic issues, repeat daily for a week.

**INGREDIENTS:** Vibrant Blue Oils Symptom Support Sinus Support blend contains a proprietary formulation of Thyme, Eucalyptus, Peppermint, and Lavender in a base of fractionated coconut oil.

### PRODUCT TIPS:

- For optimal effectiveness, you can leave the Q-tip in the nasal passage for up to 20 minutes.
- Can supports the relief of sinus pressure



Proprietary symptom support blends are formulated to support and relieve discomfort and painful symptoms while the underlying concerns are being addressed.