



vibrant  
blue oils

# Small Intestine™

— Supporting Healthy Boundaries —



**BENEFITS:** Nourishes and supports a sense of harmony and belonging, balancing the emotional equilibrium and fostering clear boundaries that are supportive and nurturing to your physical, emotional, mental and spiritual health.

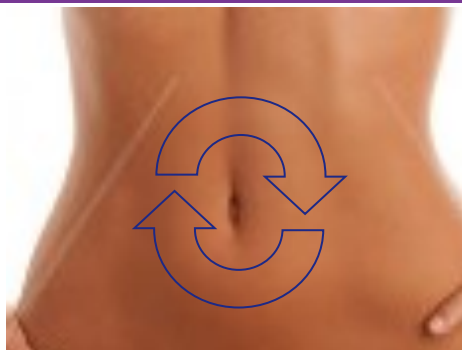
**INDICATIONS:** The small intestine plays a critical role in the digestion process, absorbing and assimilating key nutrients while preventing harmful pathogens and toxins from entering the body.

On an emotional level, the small intestine plays a similarly discerning role with emotions, helping to understand experiences and determine healthy and appropriate relationships and boundaries.

It is also an area where we can hold deep childhood scars of rejection, abandonment or abuse; negative thoughts fueled by feelings of lack of self-worth, low self-esteem, loneliness, neglect and anxieties about survival.

Vibrant Blue Oils Emotion Balance Small Intestine Support blend supports the healthy functioning of the small intestine as it sorts and transforms food, feelings and ideas into useful ingredients for the body/mind. It also helps correct imbalances where you are overly in tune with other's feelings at the expense of your own.

## Application



**HOW TO USE:** Apply 2- 3 drops around the belly button in a clockwise direction. It can also be applied around the ears and over the heart.

**WHEN TO USE:** To support clean boundaries, apply 2-6 times daily or as needed.

**AFFIRMATION:** *I trust myself and my judgement. I release any opinions or ideas that do not serve me. .*

**INGREDIENTS:** Vibrant Blue Oils Emotion Balance Small Intestine Support blend contains a proprietary formulation of Grapefruit, Lime, Litsea cubeba, Mandarin, Sandalwood, Tangerine, Ylang Ylang, and Lemongrass in a base of fractionated coconut oil.

### PRODUCT TIPS:

- Supports clear physical and emotional boundaries so parasites cannot be a match.
- Supports optimal sorting and assimilating of food to alleviate food intolerances/ allergies.
- Helps release concerns about other's criticism, feelings or opinions (especially at the expense of your own).



Emotion Balance blends are designed to acknowledge and release underlying emotions that can impede healing.