



vibrant
blue oils

Limbic Reset™

—BRAIN BALANCE—



BENEFITS: Your sense of smell has direct access to your limbic system, making essential oils an ideal tool to calm threat arousal and send safety queues to help reset your limbic system and support healthy emotional regulation. Limbic Reset™ was specifically formulated with Helichrysum and sandalwood and Melissa oils which are touted for brain function and known to cross the blood brain barrier and assist in carrying oxygen to the limbic system.

INDICATIONS:

Your limbic system is a complex set of brain structures that helps you regulate emotional health and social processing, as well as learning, motivation, and memory. Your limbic system is wired to respond to sensory information (like the sense of smell) but can get “stuck” in a state of hypervigilance and over-reactivity where it categorizes non-threatening stimuli as threatening, triggering involuntary trauma patterns and contributing to distorted unconscious reactions, sensory perceptions and protective responses.

Over time, this state of hyper arousal can weaken the immune, endocrine and autonomic nervous systems and negatively impact your ability to rest, digest, detoxify and heal, stabilize our mood, and maintain motor and cognitive function. You need to feel safe to heal and a Limbic System sensitized to a negative stress response prevents you from feeling safe. Limbic Reset is designed to reset your limbic system and support healthy emotional regulation.

Application:

HOW TO USE: Designed for aromatic and topical use.

If using topically, we recommend apply 1-2 drops on the forehead (above the eyes and on the temples), at the base of the skull at the back of the neck, on the bottom of the feet and especially on the amygdala reflex point on the big toe. Always test on a nickel sized portion of skin first. Make sure your skin can handle the oil/blend before using. Dilute to start or if any redness occurs.

For Aromatic Usage, hold the bottle under nose for 3 or 4 breaths.

WHEN TO USE: Apply as needed when an emotional regulation is needed.

INGREDIENTS:

Vibrant Blue Oils Brain Balance Limbic Reset™ blend contains a proprietary formulation of organic and/or wild crafted essential oils of Ylang Ylang, Melissa, Sandalwood, Frankincense, Cedarwood, Lavender, and Helichrysum in a base of fractionated coconut oil.

PRODUCT TIPS:

- Promotes emotional balance
- Apply topically to temples to support safety queues and emotional regulation.
- Produces a calming, uplifting, soothing, relaxed emotional and mental state.

5ml bottle includes 100 drops, recommended application is 1-2 drops as needed. How long a bottle will last will vary.



Proprietary Brain Balance Blends are formulated to support optimal function of the brain to ensure that key hormonal and nervous system signals are sent and received.